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Sponsored by the Adolescent Mental Health Initiative of the Annenberg Public Policy Center (APPC) of the University of Pennsylvania and the Annenberg Foundation Trust at Sunnylands Trust, Treating and Preventing Adolescent Mental Health Disorders, Second Edition, provides a major update since the first edition in 2005. It addresses the current state of knowledge about the major mental health disorders that emerge during adolescence, including updated DSM-5 diagnostic criteria. Here, six commissions established by the APPC and the Sunnylands Trust pool their expertise on adolescent anxiety, schizophrenia, substance use disorders, depression and bipolar disorders, eating disorders, and suicidal behavior in sections that thoroughly define each disorder, outline and assess available treatments, discuss prevention strategies, and suggest a research agenda based on what we know and don't yet know about these various conditions. Two additional behavioral disorders-gambling and internet addiction--are covered in this second edition. As a meaningful counterpoint to its primary focus on mental illness, the volume also incorporates the latest research from a seventh commission--on positive youth development--which addresses how we can fully prepare young people to be happy and successful throughout their lives. Concluding chapters discuss overarching issues regarding the behavioral and mental health of adolescents: overcoming the stigma of mental illness, the research, policy, and practice context for the delivery of evidence-based treatments, and the development of a more robust agenda to advance adolescent health. Integrating the work of eminent scholars in both psychology and psychiatry, this work will be an essential volume for academics and practicing clinicians and will serve as a wake-up call to mental health professionals and policy makers alike about the state of our nation's response to the needs of adolescents with mental disorders.

A guide to treating mental health issues in children and adolescents Diagnosis and Treatment of Children and Adolescents: A Guide for Mental Health Professionals is a resource tailored to the particular needs of current and future counselors, behavioral healthcare clinicians, and other helping professionals working with this vulnerable population. With in-depth content broken into two sections, this book first provides a foundation in the diagnostic process by covering the underlying principles of diagnosis and treatment planning, and then applies this framework to the DSM-5 categories related to children and adolescents. With research continually reshaping our understanding of mental health, it is critical mental health professionals make decisions based on evidence-based pathways that include the specialized research around children and adolescents. The leading experts who contributed to this book share contemporary perspectives on developmental considerations, assessment information, presenting symptoms, comorbidity, levels of severity, prevalence data, and other relevant factors. Structured content of chapters provides a crosswalk between the DSM-5 and this book Updated content based upon the changes, additions, and revisions to the DSM-5 that affect diagnosis, assessment, and treatment Pedagogical features, such as learning objectives, case studies, guided practice exercises, and additional resources, to support effective learning Diagnosis and Treatment of Children and Adolescents: A Guide for Clinical and School Settings is a critical resource for mental health practitioners and graduate students working toward a career in a mental health profession.

At the founding in 1896 of the first psychological clinic dedicated to children and adolescents, the study of the psychological treatment of young people lagged behind that of adults, and the basic psychopathology underlying mental disorders in this population was largely ignored. Since those early days, the field has evolved steadily and, in recent years, exponentially. The Oxford Handbook of Clinical Child and Adolescent Psychology is a state-of-the-science volume providing comprehensive coverage of the psychological problems and disorders of childhood. International in scope and penned by the discipline's most eminent scientists and practitioners, the handbook begins with a section on conceptual and empirical issues, followed by exceptional content on specific psychiatric disorders such as intellectual disability, externalizing and internalizing disorders, communication disorders, schizophrenia and bipolar disorder, personality disorders, and many more. The third section offers chapters on special problems in childhood and adolescence, including divorce, the incarceration of parents, suicide and non-suicidal self-injury, bullying, and medical illness. A fourth section covers delivery of clinical services in diverse settings, such as schools and prisons, and the handbook concludes with several chapters on emerging trends and future directions for the field. Conceptually rich and evidence-based, this handbook is an essential resource for students, practitioners, and researchers, providing a cutting-edge compendium of the latest theoretical and empirical developments by leaders of the discipline.

In an era of managed care, this indispensable guide presents the tools therapists need to incorporate outcomes measurement effectively and meaningfully into everyday clinical work. Outlining a highly flexible system, the book and CD-ROM feature more than 25 ready-to-use, reproducible checklists and forms, 244 pp.

Spencer A. Rathus provides a hands-on approach in the chronologically organized CHILDHOOD: VOYAGES IN DEVELOPMENT, Sixth Edition to support you in helping students understand the link between developmental theories and research as well as their application to everyday life. Using his proven pedagogical approach, interspersed with personal and humorous stories, Rathus captures the wonder of child development while portraying the field of development as the rigorous science that it is. This edition is updated throughout with hundreds of new references and relevant information from the new DSM-5. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

This text is an unbound, three hole punched version. In the 13th edition of Psychology and the Challenges of Life: Adjustment and Growth, Binder Ready Version, 13th Edition authors Jeffrey Nevid and Spencer Rathus continue to reflect on the many ways in which psychology relates to the lives we live and the important roles that psychology can play in helping us adjust to the many challenges we face in our daily lives. Throughout, the authors explore applications of psychological concepts and principles in meeting life challenges such as managing our time, developing our self-identity, building and maintaining friendships and intimate relationships, adopting healthier behaviors and lifestyles, coping with stress, and dealing with emotional problems and psychological disorders.

Much about this third edition of A Guide to Treatments That Work remains as it was in the first and second editions. Like its predecessors, this edition offers detailed evaluative reviews of current research on empirically supported treatments, written in most instances by clinical psychologists and psychiatrists who are major contributors to that literature. Similarly, the standards by which the authors were asked to evaluate the methodological rigor of the research on treatments have also remained the same. As before, they provide information on the quality of the research on treatment efficacy and effectiveness that is reviewed.

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