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Proof Positive: How to Reliably Combat Disease and Achieve Optimal Health Through Nutrition and Lifestyle By Neil Nedley, M.D. Health advice is everywhere; magazines, news media, and even our friends and family claim to know the secrets to good health.

A must for all wanting to use natural means for preventing or treating high blood pressure, blocked arteries, cancer, chronic fatigue, diabetes, osteoporosis, and many other afflictions. Provides information that minimizes the use of prescription drugs, diet fads, and their accompanying side effects. Highly illustrated in full color, this tome of information is designed to be readable and easy-to-understand. Singular case studies, which can be misleading, are not used. Instead, the results of a host of scientific studies conducted around the world are cited, many of which involve large groups of individuals with widely varying lifestyles. Many topics are covered such as how to strengthen the immune system, overcome addictions, increase reasoning ability, cope with stress, and enhance children's mental and physical potential.

We live in a toxic world. And with disasters like the Gulf of Mexico oil spill of 2010 and the devastating earthquake and tsunami in Japan that has resulted in nuclear fallout, it is only getting more toxic by the day. But there is hope! In Toxic Relief, Dr. Colbert shows you how to deep-cleanse you body right down to the cellular level to renew your vitality, restore your energy, reclaim your health, shed toxic fat, lengthen your life, and give you a healthy glow you haven ' t had in years.

Depression is treatable and reversible. Learn the keys of Dr. Nedley's Depression Recovery Program that has helped hundreds recover from this debilitating disease. An eight-part series that reveals the keys to achieving peace of mind and restoring energy, joy and satisfaction to your life. This workbook accompanies Dr. Neil Nedley's eight-part DVD series on recovery from depression. Using this 200 page workbook filled with in-depth exercises, self tests, and the slides from Dr. Nedley's presentations, you'll find helpful, healthful ways to begin your recovery.

In what promises to be the trial of the century, attorney-turned-author James Henderson indicts the medical/industrial cartel now dominating modern drug-based medicine for trading the health of millions of Americans for dollars. In the brilliant and intriguing setting of a jury trial the author enrolls We the People of America into a vast national jury to pass judgment on modern pharmaceutical medicine for cunningly treating chronic degenerative diseases like heart disease, cancer, and diabetesAmericas leading killersby merely seeking to manage the symptoms of these diseases, not even attempting to cure them. Drug-based medicine has become big business. It thrives on sickness. It dares not cure the patient or the money pipe-line dries up. The price tag? Overt two trillion dollars annually and climbing. And America is getting sicker by the day. Author James Henderson offers the proven testimonies of eminent nutritional physicians and medical geniuses who have turned their backs on this criminal monopoly. These brave souls have risked their careers to blow the whistle on the drugging of America. In this court of public opinion, if we, the jury, cannot discern the truth, what hope is there for justice? Or for medical freedom in America? Will We the People make a decision before its too late? Read Indicted! and decide for yourself.

Instead of merely medicating the symptoms of depression, Neil Nedley, MD (a practicing internal medicine specialist) has sought to find a cure for this lonely, debilitating disease in his latest book, ?Depression: The Way Out.' In his straightforward writing style, Dr. Nedley gives you a well-referenced, in-depth comprehension of how depression affects the person mentally, physically, emotionally, and spiritually. For those in the grip of this dark disease, Dr. Nedley brings hope with his successful twenty-week cure that has brought relief to so many of his patients.

A revolutionary program for combating and reversing diabetes. Over the past ten years, Lifestyle Center of America has emerged as the center in the country that offers a proven-successful program to combat diabetes-and even reverse its adverse effects on the body. Now available in book form for the first time, LCA's program enables individuals to actually get to the root of their problems by teaching them the ways of lifestyle-change, the power of diet, activity, and stress management. It also shows how to: * Eliminate counterproductive habits * Adopt therapeutic and preventative nutritional changes * Overcome insulin resistance with a new lifestyle medicine paradigm * Achieve motivation and inspiration through pro-active healthcare coaching * Understand the extraordinary benefits of a plant-based diet for diabetics * Energize with a unique, simple, and effective intermittent training exercise program * Take ownership of one's own health and future

From Maui to Manhattan's Central Park, Tina Vindum has revolutionized the way people around the world are getting in shape.

Overcome the enemy ' s assault against you and your family ' s health! The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full. (John 10:10) Is a good diet really that important? Is healthy living just a fad—or is it a vital key that protects you from the devil ' s end-time assault? Steve Wohlberg delivers a prophetic health " survival guide " that will equip you for victory in these last days. In this timely book, you will... Learn... how toxins, additives, chemicals and junk food are strategies of spiritual warfare aimed against the body of Christ Discover... simple secrets such as good diet, sunlight, water and exercise that overcome demonic attacks against your health Be equipped... to have the winning edge against the tactics satan uses to " steal, kill, and destroy " your health and the health of your family. Your body is the temple of the Holy Spirit. The devil knows this, and it terrifies him. This is why his attack is so stealth and so lethal. It ' s time to take back your health, and the health of those you care about as you walk in victory over the enemy in this end-time health battle.

ALL - NATURAL, DRUG - FREE SOLUTIONS IN LESS THAN 60 SECONDS.

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