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This is true despite warnings about laziness from sources as ancient as the Bible to promises of wealth and prosperity from eliminating laziness in modern self-help books. Although laziness appears to ...

Psychology Today

Public-health officials — both locally and nationally — are trying to understand and respond to the potential that 30% to 35% of North Carolinians and Americans will decline to get ...

Resolving COVID-19 vaccine apathy could be key to reaching herd immunity, according to researchers

FBNQuest, the investment banking and asset management business of FBN Holdings Plc, recently held a session to educate individuals on emotional wellbeing, personal finance and investing.

FBNQuest Hosts Webinar on the Importance of Emotional Health

During quarantine times this past year, Lois Volta and Jessica Sabo, co-owners of The Volta Way, saw how their unique domestic service was making an even greater impact on their ...

Holistic Living in the Home: Volta revolutionizing domesticity one house at a time

Check out this great listen on Audible.com. The papers, internet, and magazines are all full of the latest guidance on how to lose weight, stay fit, live longer, etc. Unfortunately, a lot of the ...

The simple truth about optimal health and how to achieve it

Andrew Martin looks at the personal data economy, asks if consumers have enough protection and explores the implications for advice and wealth management ...

Andrew Martin: Turning the personal data tables

Having an insecure financial situation, being bored in both work and free time, and worsening physical health were the biggest factors affecting employee 's wellbeing ...

Insecure income, boredom and physical health impacted employee wellbeing most in lockdown

Aging is the universal equalizer. After we reach our peak age of around 25-35 we start losing physical performance. But we also age on the psychological level. And this is one area where we can take ...

Mind Over Body: Can We Control Psychological Aging?

Zs are stuck in a pandemic time warp, their education and careers on pause until lockdowns ease. How are they coping? We find out.

A generation paused: How young adults are coping with their careers in a pandemic limbo

The End highlights the complicated dynamics of families, and the personal struggles and decision making that shape their lives, including the very end of the them.

Showtime 's ' The End ' Brings To Life The Power Of Dark Comedy

Another US femtech startup has joined the race to build up data-sets to support research into and understanding of a range of health issues that can affect women. Evvy has today launched an at-home ...

Backed by \$5M led by General Catalyst, Evvy launches a vaginal microbiome test to support women 's health research

Healthcare providers, religious leaders, and public health officials are coming together in Chelsea, Mass., a predominantly Hispanic community, to inform and vaccinate residents against COVID-19.

Addressing vaccine hesitancy in Massachusetts ' hardest-hit community

School is a place for learning, but sometimes you have to overcome barriers that can impede success. " Thurmond said.

Bill Dodd, education leaders talk mask mandates, pandemic silver linings

Experts from the design and hotel worlds tell us how the future will unfold. How do technology and the personal touch co-exist in modern hotels?. dubai, hotel, operators. Operations.

How do technology and the personal touch co-exist in modern hotels?

The IPO earlier this year fulfills the goal of accelerating the company 's mission. " to drive the clean lifestyle conversation ... skin and personal care under the Honest Beauty banner, and ...

Jessica Alba Introduces The Honest Company 's Enhanced, Sustainably Minded Packaging and New Beauty Line

Roar! hitmaker Katy Perry has joined fianc é Orlando Bloom's ex Miranda Kerr for her first yoga session since giving birth.

Katy Perry joined Miranda Kerr for her first post-pregnancy yoga session

The surprise was also accompanied by a personal letter from the Duchess ... "These ingredients are essential to not just our physical health, but our mental well-being, and I commend you for leading a ...

Meghan Markle and Prince Harry's incredibly touching donation to LA-based charity revealed

As a general partner at Springdale Ventures, where she has advised over the past two years, Ms. Epstein will continue to help grow its nearly two dozen portfolio companies while sourcing potential ...

Springdale Ventures adds third general partner

They sat inside a dust-covered box that had been stashed away, untouched, for years: black-and-white photographs of Apache students who were among the first sent to a New Mexico boarding school ...